

BREAKFAST

Choice of 5 cereals served with full cream/skim/soy milk, seasonal fresh and preserved fruits, a selection of wholesome breads and accompaniments.

Beverages: tea, coffee, fruit juice and water.

Plus one of the following on a fixed daily rotation:

- Scrambled eggs, grilled bacon and cheesy tomato
- Scrambled eggs, grilled bacon and baked beans
- Scrambled eggs, chipolata sausages and hash brown
- Scrambled eggs, grilled beef sausages and hash brown
- Poached eggs, grilled bacon and spaghetti
- Poached eggs, grilled bacon and cheesy tomato
- Poached eggs, chipolata sausages and spaghetti

LUNCH

One of the following on a fixed daily rotation:

- Meatball subs with oven baked wedges
- Penne Bolognese with garlic bread
- Chef's selection burgers with oven baked wedges
- Fish goujons and chips with lemon and tartare sauce
- Honey soy chicken with egg-fried rice

All the above meals served with a selection of salads.

DINNER

One of the following on a fixed daily rotation:

- Golden crumbed chicken schnitzel
- Succulent tender roast pork
- Beef stroganoff finished with smoked paprika and sour cream
- BBQ NIGHT – chicken kebabs, beef rissoles and sausages
- Roast chicken quarter
- Lasagne with herbed garlic bread
- Thick beef sausages in onion gravy

All the above meals served with a selection of vegetables

DESSERT

One of the following on a fixed daily rotation:

- Chocolate mousse
- Cheesecake
- Apple brown sugar crumble
- Banoffee Pie
- Assorted ice-creams and toppings
- Chocolate mud cake
- Fruit, jelly and cream