

Ngangk winyang keh mo'an ang, nint minam anman ang.

Inan minan a waa'than
wanchpam kang an
pulthakum, a ngeeythan
thantakum an ang.

Ngank ngan kaachin
pulthakum minam an
pi'anang.

Pamwanch minam an
a, minminak thowthan
thantakum ang.

Nip ngeenam an nath
kul an tha waywayak
an thowow niperakam
ang, nint ma'aathnak
wenkan ang.

Ngay ngeen umpang eh?

'I ngantum ngeeyng ang an ngay
keh ngangk weey weeyam an
ang, keh ngay ngangk iknang
a wuuning. Kul thakin ngath
ya'ang. Inan wanakan ngay
ngantum ngeeyang ma'aathnak
an wenkang.'

'Manyman ang, an ngay
winyangul a mo'ang. Ngay puk
manyi ngatheramthan ngank way
wunung ang. Ngay kankanung
umpang wiynath pi'an ngul
weeymiw a.'

Nint aak kulthiythang wanchpam
a kamanthan a wun nint ang,
nint ma'aathnak wenkan ang.

Wenyan a thowan alalthan
nungkerang thinth an a waa'an
ngeenam an an. Inaniya wiynath
kampan, wuutwanchinth a thon
ngan way wanchpam.

Thowan thapmungkanthan
ma'aathayn nintung yipmam
ngank min wunan.

Inan ngamerakman piik namp
ang, an min ya'ang. Waanak
ang. Nint ma'oongkman thant
ma'aathayn an nintang.

Wik putham ngul waa'ow:

Womensline (DVConnect)
1800 811 811

Mensline (DV Connect)
1800 600 636

Lifeline Australia
13 11 14

Sexual assault helpline
1800 010 120

Kids Helpline
1800 551 800

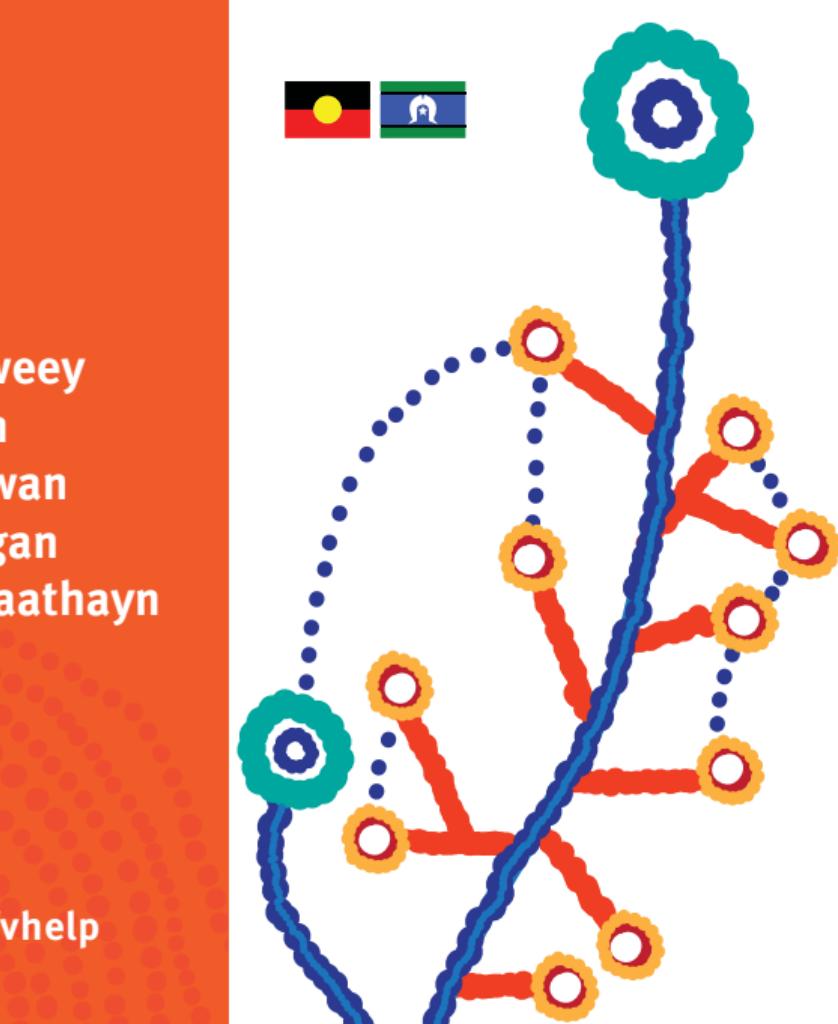
Ma'aathwamp aak
ngamerang'an:

• • • • •

Queensland
Government

Nint keh ngank weey
weeym an wunan
an, alalthan thowan
thapmungkan ngan
ngul errkam ma'aathayn
ang 000.

www.qld.gov.au/dvhelp



Inan thantam e Artworks
elements' ngan ump Rachael
Sarra, an Indigenous artist,
designer and illustrator
originating from Goreng Goreng
Country.

Ilnan yuk wanchpam an
ma'aathnak an waya min
yipmam thowan a thathan aak
ingan an ngangk minam anman
iyan thak.

Ngeen an waathan nint ngangk min an a mi- nam an pi'an thanang?

Kampan a wanchpam thakan
piik ney an neeythakman ang,
an kempang nungkerang ma
yotakman an ump nint ang,
ananiy nint ngangk winyang an
yinan ngan.

Inan yuk waa waan nint ngangk
winyang an ngeenam an wiy, a
min thamp an waan.

Min an nungkerr ya'an

'Ngay winyang
mo'ang
ngatherakan.'

'Ngayng minam
anman pi'an ang,
ngangk winyang
an ya'ang.'

'Ngayng piikan,
thaapichathin a
manh inth'n.'

'Ngayng wayn ang an
ump'ng yuk ngay
kaangk keh an.'

'An ngay winyang
pam/wanch
ngatheramthan an
ang, keh thowing
kampanthan thak,
weeythan.'

'Ngay thamp an
thowng pam/wanch
ngatheramthan a,
nil ngayng kehum
waywayak aniy a
pi'an.'

'Ngay kehum ngangk
weey weeyam an
wun'ng a nil ngayng
thath thath'n an
thak a wandin ak an
wengyang a weeypad
an thowng wil ang.'

'Ngath thown a puk
manyi natheram thak
thaapathen.'

'Ngay kehum ngeeyng
ngath a puk manyi
ngatheraman an
kemp poch wantiw
a ngangk poch thak
aniyang.'