

How to make an appointment

**Phone 13 20 50
or book online at
breastscreen.qld.gov.au**

If you need an interpreter, please tell our staff when making your appointment.

If you need help in your language, please call the Translating and Interpreting Service (TIS) on 131 450.



Stay strong and healthy for your family

Contact us

To make an appointment at a location near you **13 20 50**

To find out more

www.breastscreen.qld.gov.au

For an interpreter's assistance

131 450

BreastScreen Queensland Services can also provide:

- Group bookings
- Free educational talks for community groups
- Longer appointment times if needed
- Some early, late and Saturday appointments

This edition has been revised and produced, with permission, by BreastScreen Queensland, 2020.



Your guide to Breast Health

A breast screen is the best way to check if your breasts are healthy.



Call **13 20 50** or visit
breastscreen.qld.gov.au

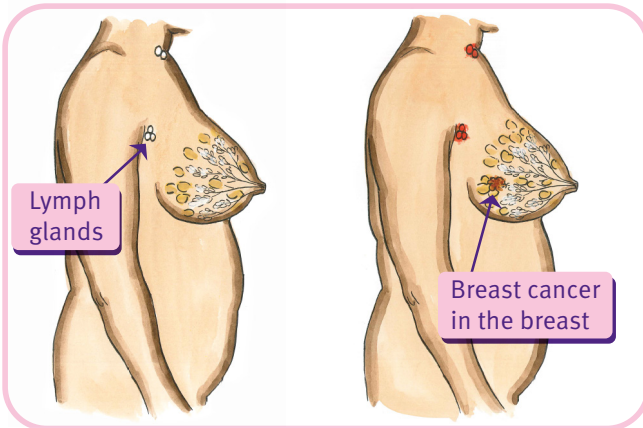


What is breast cancer?

Breast cancer is unhealthy cells that grow in the breast.

These unhealthy cells can make you very sick.

If these unhealthy cells are found early they can be treated.

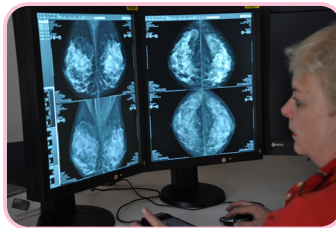


What is a breast screen?

A breast screen is a test to look for breast cancer.

A special X-ray machine is used to take a picture of the inside of your breast.

These pictures can help the doctors to see if there are unhealthy cells in your breasts.

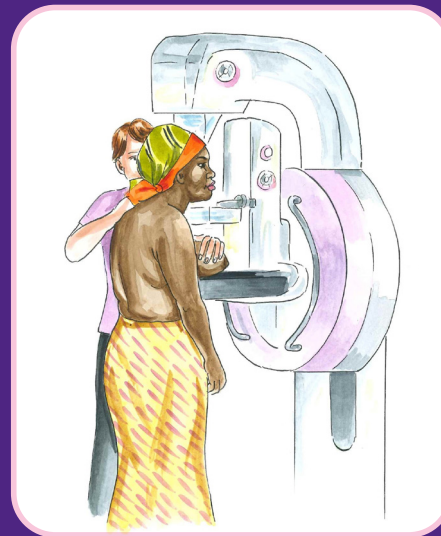


A breast screen can show changes that are too small to see or feel.

Who can have a FREE breast screen?

- All women aged 50 to 74 years should have a breast screen every two years.
- Women aged 40 to 49 and 75 and over can have a free breast screen.
- It is most important to have a breast screen every two years.

What happens at a breast screen appointment?



A female radiographer will take pictures of your breasts using a special X-ray machine.

Your breasts will be pressed for a very short time.

After your breast screen

Your results will be ready within 14 days. For most women, their results will show that their breasts are healthy.

Some women may have to come back for more tests.

Get to know your breasts

Know what your breasts look like, their shape and how they feel.

Every woman is different and it is important for you to get to know what is 'normal' for you.

Tell your doctor if you notice any changes in your breasts, such as:

- a change in the shape or size of your breast
- a new lump or lumpiness
- a change to the nipple or discharge from your nipple
- changes to your skin of the breast like redness or dimpling
- unusual breast pain that doesn't go away