STOP THE BITE...

...and you can stop the disease:

- **Spray your home**
  Apply long acting surface spray* once every month, in dark hiding places behind and under furniture, in and around your home.

- **Use insect repellent**
  containing DEET or Picaridin.

- **Cover up**
  Wear long sleeves, pants and cover your feet.

- **Screen your home**
  Install screens on windows and doors.

STOP MOZZIES

Tip it  
Store it  
Throw it  
Spray it

email: dengue@health.qld.gov.au  
zilla@health.qld.gov.au


phone: 1800 336 483

* crawling insect or cockroach surface spray

SCAN QR CODE TO WATCH A VIDEO ON “HOW TO SPRAY YOUR HOME”
**DENGUE AND ZIKA**

**How do you get it?**

One particular type of mosquito can spread dengue or Zika. It's called *Aedes aegypti*. They breed in anything holding water around your home, and try to sneak inside. They bite quietly during the day.

These mosquitoes are not born with viruses in them, but become infected when they bite an infected person. They then spread dengue or Zika from one person to another. Outbreaks in north Queensland occur when someone with the virus comes in from overseas.

Mosquitoes only live for about four weeks and cannot pass the virus between each other.

Dengue/Zika mosquitoes are very different from bush mosquitoes. They are small, quiet and shy. They do not live or breed in waterways or swamps.

Before or after an outbreak, this brochure explains how to kill dengue/Zika mosquitoes around your home and stop them breeding in your yard.

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**INDOORS**

Where dengue/Zika mozzies hide...

- Bath
- Lounge
- Dining
- Deck
- Laundry
- Bedroom
- Kitchen
- Spray it
- Sink
- Shower/bath/toilet
- Couch
- TV
- Tables and chairs
- Outdoor furniture
- Leafy plants
- Washing machine
- Beds
- Cupboard
- Bench/fridge/cooktop

**OUTSIDE**

Where dengue/Zika mozzies lay eggs...

1. Bird bath
2. Palm fronds
3. Sump pit
4. Buckets
5. Boat
6. Bromeliads
7. Tyres
8. Wading pool
9. Pot plants/buckets
10. Roof gutter
11. Wheelbarrow
12. Water tank
13. Toys
14. Tarps

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**Spray it**

Spray long-lasting surface spray under and behind surfaces where it is dark, such as:

1. Sink
2. Shower/bath/toilet
3. Couch
4. TV
5. Tables and chairs
6. Outdoor furniture
7. Leafy plants
8. Washing machine
9. Beds
10. Cupboards
11. Bench/fridge/cooktop

**Tip it, store it, throw it**

At least once per week, search your yard for containers and empty the water:

1. Bird bath
2. Palm fronds
3. Sump pit
4. Buckets
5. Boat
6. Bromeliads
7. Tyres
8. Wading pool
9. Pot plants/buckets
10. Roof gutter
11. Wheelbarrow
12. Water tank
13. Toys
14. Tarps