# QUEENSLAND HEALTH COVID-19 ADVICE



# The traffic light is

## **WEAR A MASK:**

- In healthcare settings
- Indoors, if you can't socially distance
- On public transport
- If you are older or medically at risk
- If you're around people vulnerable to COVID-19

### **ALWAYS**

Stay home if you're sick Keep up to date with your vaccinations Take a Rapid Antigen Test (RAT) if you get COVID-19 symptoms If you get COVID-19:

- Register your RAT result
- Stay home until you're well again
- Wear a mask for 7 days after your test
- Avoid visiting hospitals, aged care or disability care for 7 days after your test
- Ask household members to closely monitor for symptoms



