Fact sheet—Round 3

Announcement
The Queensland Government is committed to the Get Out, Get Active program, aimed at increasing female participation in sport and active recreation. This funding is the largest of its kind in Queensland and provides the strongest launch pad for women and girls to foster life-long participation in sport and active recreation.

Round 3 is building on the success of previous rounds, with $1 million in grants available to councils.

As part of the Embracing 2018 Legacy Program for the Gold Coast 2018 Commonwealth Games, $700,000 in one-off additional funding is also available. This additional funding allows for a new category which expands the program from councils to include not-for-profit sport and recreation organisations in the communities across Queensland.

By widening the range of organisations that can access the Get Out, Get Active program, the partnership with the Office of the Commonwealth Games within the Department of Tourism, Major Events, Small Business and Commonwealth Games creates more accessible, enjoyable and affordable participation opportunities before, during and after the Games.

What is Get Out, Get Active?
The Get Out, Get Active program provides funding for community-based sport and recreation opportunities aimed at women and girls who are either currently inactive or would otherwise benefit from further participation.

Get Out, Get Active was developed by the Department of National Parks, Sport and Racing in response to recommendations from Start Playing, Stay Playing: A plan to increase and enhance sport and active recreation opportunities for women and girls—such as to ‘work with key partners to ensure a coordinated effort to improve women’s and girls’ sport and active recreation opportunities’.

Objectives
The objectives of Get Out, Get Active are to:
- provide enjoyable, accessible and affordable activities aimed at increasing sport and active recreation participation of inactive women and girls
- facilitate sport and active recreation projects that encourage innovation and partnerships to meet the needs of inactive women and girls
- improve the sport and active recreation experiences of women and girls to encourage a culture of life-long participation.

Important dates
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 March 2017</td>
<td>Application process opens</td>
</tr>
<tr>
<td>28 April 2017</td>
<td>Application process closes</td>
</tr>
<tr>
<td>June 2017</td>
<td>Funding announced</td>
</tr>
<tr>
<td>1 July 2017</td>
<td>Project start date</td>
</tr>
<tr>
<td>30 June 2018</td>
<td>Project end date and acquittal</td>
</tr>
</tbody>
</table>
Project applications
The department invites applications from councils and not-for-profit sport and recreation organisations for one-off funding of up to $40,000 to deliver initiatives that clearly align to the Get Out, Get Active objectives. Applicants can submit either one or two applications. The maximum funding available is $40,000 (GST exclusive) per organisation.

Potential projects
Projects considered to be of the greatest value will be those that are innovative, community-based, linked to the program objectives and capitalise on a partnership approach.

The following project examples link to the Get Out, Get Active objectives:
- provide new sport and recreation opportunities for women and girls that would otherwise not be readily available in the community, for example in a rural community
- if targeting ‘Mums and Bubs’, partner with childcare providers to offer a free or low-cost service that enables women to participate in activities
- conduct an introductory program for women and girls e.g. a cycling program partnering with a local cycling club, which is augmented by more advanced classes as participants progress, i.e. the shift from a basic ‘how to ride’ program over to a ‘ride to work’ program in order to encourage long-term participation
- conduct come and try fitness classes, aqua aerobics and walking opportunities to support inactive women and girls, e.g. modified to suit participants who are usually inactive by shortened or low impact sessions
- bushwalking program for inactive women that aims to improve self-esteem through a specialised hiking program based on physical capacity, combined with a supportive friendship group
- a swimming club conducting a program specifically to address the barriers to participation, such as scheduling the program outside of peak periods to allow inactive females to participate and build their confidence to continue swimming on a regular basis
- a netball club program that allows inactive women to become involved by integrating skills and activities based on the physical capacity of participants to graduate them into playing netball in a social setting
- conduct a women’s walking challenge and two six-week blocks of activities for inactive women in regional communities
- conduct a 40 week fitness program for women and girls including tai chi, yoga and aqua aerobics.

How to apply
Review the information on the Get Out, Get Active website, including the guidelines and checklist to determine eligibility of a project and how to apply. You can then contact your nearest Sport and Recreation Services office to discuss your application and how to apply for funding. Contact your nearest office by calling 1300 656 191. Office details are also available online at www.npsr.qld.gov.au/contactus/offices.html.

Regional Advisors can provide initial advice on the application process and how to plan the project.

Application forms can be submitted via email, in person or by post to your nearest Sport and Recreation Services office by 5pm on 28 April 2017. If delivering in person, please check the office closing time.

Need further information?
For further information about Get Out, Get Active, contact your local Sport and Recreation Services office on 1300 656 191. The program guidelines are available at www.qld.gov.au/recreation/sports/funding/organisations/getoutgetactive/.