

Coronavirus (COVID-19): Hotlines for available support

Information for Queenslanders

Available Support

Available Support:

For any question about COVID-19 public health directions, call Queensland Health on 134 COVID (13 42 68). They will tell you what to do. If you need an interpreter, ask for one when you call. It is free.

Mental Health and Wellbeing Support Line

If you are finding it hard to cope with the COVID-19 situation, phone Multicultural Connect on 1300 079 020. Ask for an interpreter if you need language support.

Phone number	Reason to call	Service Available times
<i>Ask for an interpreter if you need language support. It is free.</i>		
000	For any emergency help	All days and times (24 hours a day, 7 days a week)
(1300 64 22 55) 1300 MH CALL	To access any public mental health services	All days and times (24 hours a day, 7 days a week)
1800 188 189 (Queensland Transcultural Mental Health Centre)	If you need a culturally appropriate mental health assessment to determine diagnosis and treatment needs, or you need support to access public mental health care.	open Monday to Friday, 8:30 am to 4:30 pm
1300 079 020 (Multicultural Connect Line)	If you are finding it hard to cope with COVID-19 situation.	Only weekdays (Monday – Friday).
134 COVID (13 42 68) (Queensland Health)	For any question about COVID-19 public health directions	All days and times (24 hours a day, 7 days a week)
1800173349 (Community Recovery Hotline)	If you are in quarantine and need help getting food, medication, or other essentials.	All days and times (24 hours a day, 7 days a week)

You can find translated COVID-19 information here www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/support-and-resources/translated-resources. You can also find more detail at www.health.qld.gov.au.