When performed correctly, hand hygiene results in a reduction of microorganisms on hands. Poor hand hygiene contributes to the spread of pathogens, which can cause health issues such as gastrointestinal and respiratory infections.

Researchers think that if everyone washed their hands properly, about 1 million lives would be saved every year.¹

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Please note: These guidelines are for social handwashing only, such as after toilet use and before touching food. This poster is not intended for use in clinical settings.


‘Based on the ‘How to HandWash Poster’ © World Health Organization 2009.'