



# Get COVID-READY



## What happens if you get COVID-19 (you test positive)



### 1 Isolate immediately

You will receive a call or text.

You'll need to provide information about your symptoms and personal circumstances.

You will then be contacted by phone call or text (within 24 hours) to tell you if you can be cared for from your home or in hospital and what to do next.



### 2 Care at home

Be given information to help you manage your symptoms and recover at home.

OR

### Care at home

Be monitored by a health professional while you recover at home.

OR

### Care in hospital

- For very sick or at greater risk people.
- In a hospital that suits the care you need.



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### Contact

You will be sent a text with a contact number to call if you get worse.

You may receive a check-up call from a health worker every day or two.



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### 4 Track symptoms

[Download the symptom diary](#)

OR

Use a remote patient monitor which may be provided to you.



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### 5 Recovered

You may leave after 10 days.

After 10 days your health worker will let you know when you can leave.

You will be sent home and managed by a health worker in your home or discharged.



If you have a health emergency or you suddenly find it harder to breathe, have chest pain, collapse or faint, call Triple Zero (000) immediately.



Queensland Government