STOP THE BITE...
...and you can stop the disease:

- **Spray your home**
  Apply long acting surface spray* once every month, in dark hiding places behind and under furniture, in and around your home.

- **Use insect repellent**
  containing DEET or Picaridin.

- **Cover up**
  Wear long sleeves, pants and cover your feet.

- **Screen your home**
  Install screens on windows and doors.

STOP MOZZIES
Tip it
Store it
Throw it
Spray it

email: dengue@health.qld.gov.au
zika@health.qld.gov.au
phone: 1800 336 483

* crawling insect or cockroach surface spray

SCAN QR CODE TO WATCH A VIDEO
ON ‘HOW TO SPRAY YOUR HOME’
or visit: http://bit.ly/2gP7oRz

PROTECT YOURSELF FROM
DENGUE & ZIKA MOZZIES
IN THE TORRES STRAIT

ZTS015-1 JAN2017
**DENGUE AND ZIKA**

**How do you get it?**

In the Torres Strait, two types of mosquito can spread dengue or Zika. They are called *Aedes aegypti* and *Aedes albopictus* (the Asian tiger mosquito). Both types breed in anything holding water around your home. They do not live or breed in waterways or swamps. Adult *Aedes aegypti* mosquitoes generally hide and rest indoors, while *Aedes albopictus* prefer to hide outdoors in vegetation around the house and around the community.

These mosquitoes are not born with viruses in them, but become infected when they bite an infected person. They then spread dengue or Zika from one person to another. Outbreaks occur when someone with the virus comes in from overseas.

This brochure explains how to kill dengue/Zika mosquitoes around your home and stop them breeding in your yard and how you can protect yourself from getting bitten by mosquitoes.

**INDOORS**

Where dengue/Zika mozzies hide...

**OUTSIDE**

Where dengue/Zika mozzies lay eggs...

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**Spray it**

Spray long-lasting surface spray under and behind surfaces where it is dark, such as:

1. Sink
2. Shower/bath/toilet
3. Couch
4. TV
5. Tables and chairs
6. Outdoor furniture
7. Leafy plants
8. Washing machine
9. Beds
10. Cupboard
11. Bench/fridge/cooktop

**Tip it, store it, throw it**

At least once per week, search your yard for containers and empty the water:

1. Bird bath
2. Palm fronds
3. Sump pit
4. Buckets
5. Boat
6. Bromeliads
7. Tyres
8. Wading pool
9. Pot plants/buckets
10. Roof gutter
11. Wheelbarrow
12. Water tank
13. Toys
14. Tarps